



# VT Department of Health Q&A

## Agenda:

Introduction

UVMHC and general pediatric updates

VDH Epidemiology update

VDH Immunization updates

Accessing test kits

Q&A from the field

New Safe Sleep and car seat safety resources

1/10/24

# Updated Safe Sleep Resources

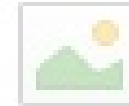
The Safe Sleep Committee developed some brochures for parents based on recommendations from the Child Fatality Review Team. These are posted on the VDH website and can be printed off for families, additionally your local Family and Child Health Coordinator in the local office of health have hard copies of the brochures.

[VDH Safe Sleep main page](#)

[Developmentally appropriate safe sleep tips](#)

[Safe sleep environment](#)

[Infant products to avoid](#)



We also wanted to share a new resource from the American Academy of Pediatrics (AAP) on infant sleep. We've heard from a few fatality review teams that they are seeking a resource on infant sleep during cold and flu season. AAP has created this wonderful resource for families and clinicians.

[My baby has a stuffy nose. How can I help them sleep safely?](#)

# Car Seat resources

We have seen a rise in purchases of counterfeit car seats and other infant products through third party vendors (this has primarily been through Amazon).

Two Child Passenger Safety Techs (CPST) presented on WCAX, there is a Tool Kit for pediatric clinicians in development with a section on counterfeit car seats.

<https://www.wcax.com/2023/07/18/medical-experts-share-concern-over-faulty-third-party-car-seats/>

Encourage folks to seek out a local Car Seat Assistance Station from our <https://beseatsmart.org/index.php> website to have their car seat checked