



VT Early Childhood Programs Leaders, Vermont Department of Health and Let's Grow Kids

COVID -19 Updates

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March 18, 2021 1PM - 2PM

Housekeeping Details

For best sound quality, all participants are muted

Your questions are welcome.
Please use the Q&A Box to add questions for the panel





THANK YOU
for all you are
doing on behalf of
children
and families in
these complex
and uncertain
times.



Agenda



- Vaccines : New populations eligible for vaccination
- Vaccine: School staff and Child Care providers eligible
- Return to Play clearance post covid
- Planning for summer programs, revising the Child Care guidance
- Emphasis on Social Emotional Health for children and youth this summer.

COVID-19 VACCINES IN VERMONT: ELIGIBILITY STATUS



BY OCCUPATION/SETTING

PHASE 1 Long-term care residents and staff, health care workers, and first responders **All eligible**

K-12 teachers and onsite staff, child care, and expanded public safety **All eligible**

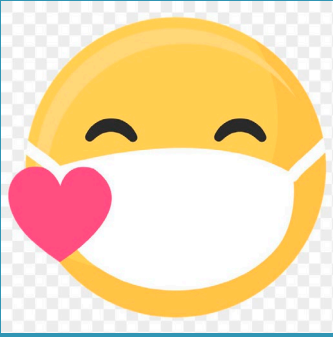
BY AGE GROUPS

PHASES 2-4 Individuals aged 65+ **All eligible**

PHASE 5A Individuals aged 55+ with certain high-risk health conditions **All eligible**

PHASE 5B Individuals aged 16+ with certain high-risk health conditions **All eligible**

PHASES 6 Individuals aged 60+ **Est. late March***



COVID 19 Vaccine Program for Child Care Providers

COVID-19 VACCINE ELIGIBILITY OF INDIVIDUALS WORKING REGULATED CHILD CARE

- Individuals working in regulated childcare programs with direct contact with children, including registered and licensed family childcare home providers, teachers, teacher associates, aides, assistants, directors, afterschool program staff, substitutes, trainees. The following individuals are eligible if they have direct, in person contact with children, afterschool activities specialists, auxiliary staff, business managers, and partner staff. Household members in a Family Child Care Home 16 years of age and older that provide direct, in person care to children are also eligible.
- CDD Licensing staff reached out to childcare providers to get their passcode to register and make an appointment.
 - CDD questions? Sheila Duranleau Sheila.duranleau@vermont.gov

Vaccine Information

[Tips for making a covid vaccine appointment](#)

[PFIZER Vaccine Fact Sheet](#)

[MODERNA Vaccine Fact Sheet](#)

[JOHNSON & JOHNSON Fact Sheet](#)

Next groups for vaccine:

- People 60 years and older are expected to be able to make appointments in late March.
- BIPOC
- General public estimated by May



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Do I need to wait to get my vaccination if I am in isolation or Quarantine? <#>

Last Updated: Feb 26

Yes.

You will need to postpone your appointment for the first dose or second dose until you have completed your quarantine or isolation period.

If you are under quarantine because you were exposed to someone who tested positive for COVID-19 or because you traveled, you should wait to get your vaccine until you are able to [end your quarantine](#).

If you tested positive for COVID-19 and are still in your isolation period, you should wait to get your vaccine until you are able to [end your isolation](#).

How do I know if my symptoms are from the vaccine or sickness from COVID-19? <#>

Last Updated: Mar 1

It takes time for the vaccine to train your body to fight COVID-19. You may not be protected from COVID-19 until you are fully vaccinated, which is 14 days after your final shot. This is why it is so important to continue following the [prevention steps](#), like wearing a mask, keeping 6 feet apart, and washing your hands, and to follow the [social gathering](#) guidelines, even after you've been vaccinated.

It may be hard to tell the difference between side effects from the vaccine and symptoms from sickness if you get infected with COVID-19 between vaccine doses. While everyone's reaction may be different, vaccine side effects usually start within 12 to 24 hours after your vaccination. They should go away within a few days.

If symptoms get worse or last longer than a few days, contact your health care provider. They should be able to suggest next steps and maybe a COVID-19 test. Getting the vaccine [will not affect your COVID-19 test results](#).

Can I still infect someone with the COVID-19 virus after I've been fully vaccinated? <#>

Last Updated: Mar 10

You may not be protected from COVID-19 until you are fully vaccinated, which is 14 days after your final shot. While the vaccine protects you from serious illness, we don't know yet if you can give the virus to someone else, how long the [protection lasts](#), or how well the vaccines protect against the [newer variants](#).

However, some recent studies suggest that a person who is vaccinated is less likely to infect other people with the COVID-19 virus. Until more research is done, it is important that you continue to follow the [prevention steps](#), like wearing a mask, keeping 6 feet apart, and washing your hands, and to follow the [social gathering guidelines](#), even after you've been vaccinated.

Learn more about the studies:

- [Decreased SARS-CoV-2 viral load following vaccination](#)
- [Transmission of COVID-19 in 282 clusters in Catalonia, Spain: a cohort study](#)

I'm fully vaccinated but had an exposure, do I need to quarantine?

Vermont is following the CDC's new guidance for vaccinated people who have been exposed to someone with covid-19:

The CDC says these people do not need to quarantine, as long as they:

- Are fully vaccinated (had two doses of the COVID-19 vaccine and two weeks have passed)
- Are within 3 months of receiving the second dose of the vaccine
- Have not had any COVID-19 symptoms since the exposure.

Health care settings may follow separate guidance. Read [CDC's guidance for health care workers](#).

Should I get the vaccine if I have a medical condition?

- In clinical studies, COVID-19 vaccines were just as effective for people with and without medical conditions. In fact, people with some conditions are more likely to get very sick if they get COVID-19, so getting vaccinated could be even more important.
- If you are unsure if you should get the vaccine, talk to your health care provider about any conditions you have. If you do not have a health care provider, call 2-1-1 to be connected to care, or contact the nearest [federally qualified health center](#) or one of [Vermont's free & referral clinics](#).
- After the eligible age groups, the vaccine will be available to people in Vermont who have **certain high-risk health conditions**. These are medical conditions that put them at increased risk for severe illness from COVID-19 as identified by the CDC. Find the [list of high-risk health conditions](#).
- Learn more about [vaccination if you are pregnant or breastfeeding](#).
- Read the [health screening questions](#) asked before you get the vaccine.

Travel and Vaccinated Persons

I am fully vaccinated. Do I need to quarantine if I travel to or return to Vermont?

<https://apps.health.vermont.gov/COVID/faq/#travel>

[Do I need to quarantine if I've had Covid or the vaccine?](#)

Last Updated: Mar 8

If it has been 14 days since you got your final vaccine dose, you do not need to quarantine when you travel to or return to Vermont. Be sure to carry your COVID-19 vaccine card with you and be prepared to show it when asked.

Anyone who is not vaccinated and travels with you will need to quarantine (including children) and follow the [cross state travel guidance](#) when they travel to or return to Vermont. For example, if you are a fully vaccinated parent or caregiver and are traveling with children, your children will need to quarantine when they travel to or return to Vermont. Learn about [Vermonters hosting visitors in their homes](#).

Travel and Quarantine

<https://apps.health.vermont.gov/COVID/faq/#travel>

If you live within 5 miles of the Vermont border, you may make day trips without quarantining if you travel 5 miles into a neighboring state or into Vermont for an essential purpose or for certain activities. This includes going to worship, going to a gym, getting a haircut, and participating in place-based outdoor recreation. Find out more about [travel to and from border towns](#).

However, **if you travel out of Vermont for leisure**, or travel by plane, train, bus or other means of public transportation for a non-essential purpose, you must quarantine for 14 days in Vermont when you return. This includes day trips. The CDC requires people to [wear masks when using public transportation](#). **If you are [fully vaccinated](#)**, you do not need to quarantine when you return to Vermont.



COVID Prevention after a Person is Vaccinated

Until enough people are vaccinated and we know more, we need to follow the safety guidelines like wearing a mask out in public, [washing your hands](#) frequently, and [social distancing](#) and following [social gathering](#) guidelines.

Together, the vaccine and preventive actions are the best ways to keep from getting and spreading COVID-19.

What are the current restrictions on gatherings?

Vermont has restrictions on social gatherings based on whether you are fully vaccinated or not. You are fully vaccinated 14 days after your final shot. Since children cannot get vaccinated at this time, a household with children is **not** considered a fully vaccinated household.

If you are fully vaccinated:

- **You may gather with other fully vaccinated people or households.** You don't need to wear a mask or stay 6 feet apart when you gather.
- **You may gather with up to two unvaccinated people or households at a time.** The gathering can also include other vaccinated people or households. If you gather with people from more than one unvaccinated household, or with someone who is at [higher risk of severe COVID-19](#) or lives with someone at higher risk, everyone should wear a mask and stay 6 feet apart.

If you are not fully vaccinated:

- **You may gather with fully vaccinated people or households.** You don't need to wear mask or stay 6 feet apart, unless someone is at [higher risk of severe COVID-19](#) or lives with someone at higher risk.
- **You may gather with one other unvaccinated person or household at a time.** Fully vaccinated people or households can also be at the gathering. Everyone should wear a mask and stay 6 feet apart.

Return to Play post covid infection

For ages 5 and up cardiac screening before returning to physical activity should occur in partnership with the medical home/cardiology before returning to sports/physical activity.

[AOE RETURN TO PLAY 3/16/21](#)





Childcare Guidance
Revision & Summer
Camp Planning

Childcare guidance is under revision

Summer Opportunities

American Rescue Plan \$50 million dedicated to learning recovery (afterschool and summer)



Contact Us

<https://www.healthvermont.gov/response/coronavirus-covid-19/schools-colleges-child-care-programs>

- School and Child Care Warm Line
- 802-863-7240 x 5 **leave message any time**
- Responding M-F 8am – 3 pm
- Toll Free 800-464-4343



Any 1.1 Questions

Question & Answers