

Resources for Families with Young Children

FINDING CHILD CARE

You can use the state of Vermont's **Bright Futures Information System** to find information about child care programs in your area: www.brightfutures.dcf.state.vt.us.

If you would like one-on-one support with your child care search, you can contact your regional **Community Child Care Support Agency**. A list of regional Community Child Care Support Agencies can be found at dcf.vermont.gov/cdd/cccsa.

PAYING FOR CHILD CARE

Vermont's **Child Care Financial Assistance Program** helps eligible families pay for child care services for children up to 13 years old, or up to age 19 for children with specialized needs. You can visit dcf.vermont.gov/childcarefinancialhelp or call **802-241-0849** for more information.

Act 166 Universal Prekindergarten Education provides access to 10 hours of publicly-funded prekindergarten education for Vermont students. You can find the application for pre-qualification, frequently asked questions, and other information at <https://education.vermont.gov/student-support/early-education/universal-prekindergarten-act-166>.

CONNECTING FAMILIES TO SUPPORTS

Parent Child Centers

Vermont's network of 15 Parent Child Centers offer parent education, family support groups, playgroups, home visiting, and other family and child services. A list of regional Parent Child Centers can be found at dcf.vermont.gov/cdd/cccsa.

Vermont 2-1-1

If you need help finding housing, affording groceries, etc., you can contact Vermont 2-1-1 by **dialing 211 from your phone**. A 211 referral specialist will talk to you about your needs and help connect you to community supports and services.

Help Me Grow

The Help Me Grow Resource Hub, a key component of Vermont's Help Me Grow system, provides information on parenting, connects families with community resources, and offers tools and screening to assess a child's developmental progress for both caregivers and early childhood professionals. To access this information, you can call **211 extension 6**, email info@helpmegrowvt.org, text **HMGVT** to **898211**, or visit: helpmegrowvt.org.

Children's Integrated Services (CIS)

Children's Integrated Services offers family support, prevention services, and early intervention to help ensure the healthy development and well-being of Vermont's young children. Services are low-cost or no-cost. For more information on available services and support, contact your regional CIS Coordinator at dcf.vermont.gov/partners/cis.

Vermont Early Childhood Special Education Services (ECSES)

ECSES provides early childhood special education for children ages 3 to 6 years old through the Vermont Agency of Education. For more information, contact **Katie McCarthy, ECSES coordinator, at (802) 828-5213**.

