

# HOW COVID-19 HEALTH & SAFETY GUIDANCE WILL IMPACT YOUR RETURN TO WORK IF YOU HAVE CHILDREN IN CHILD CARE



Returning to work and to child care will look different over the next weeks and months. We understand that new child care protocols may impact your ability to get to work. Here are some of the changes you can expect.

## Drop-Off & Pick-Up May Take Longer

- Health screening questions & temperature checks
- Staggered, set arrival times & outdoor drop-off
- Same parent or designated adult, if possible
- Handwashing upon entry
- Parent or guardian called to pick-up child immediately if symptoms develop at program

## Your Children CANNOT attend a program if they...

- Show symptoms of COVID-19
- Have had close contact in the past 14 days with anyone testing positive for COVID-19
- Were referred by a medical professional for a COVID-19 test & are awaiting results
- Are at high risk due to underlying conditions
- Develop symptoms while at the child care program
- Have a temperature higher than 100.4 (must be fever-free for 72 hours without medication)
- Are exhibiting signs of not being well (cough, chills, shortness of breath, sore throat, rash, lots of nasal discharge, ear pain, diarrhea, severe headache)

## Your Children CAN attend a program if they...

- Are well & symptom-free
- Have allergy symptoms without a fever that cause coughing & clear, runny nose, if they have a confirmed medical diagnosis of allergies
- Have asthma that is well-controlled

## Additional resources:

- Vermont Department of Health:  
[www.healthvermont.gov/response/coronavirus-covid-19/schools-and-child-care-programs](http://www.healthvermont.gov/response/coronavirus-covid-19/schools-and-child-care-programs)
- Let's Grow Kids COVID-19 Page:  
[www.letsgrowkids.org/coronavirus](http://www.letsgrowkids.org/coronavirus)
- Webinar with Dr. Breena Holmes, Vermont's Director of Maternal and Child Health, who explains the new guidance: <https://bit.ly/2Bni1oe>
- Healthy Children/AAP Parenting Website:  
[www.healthychildren.org/](http://www.healthychildren.org/)

**Note:** Guidance is subject to change. For the most up-to-date information, please visit:  
[www.healthvermont.gov/response/coronavirus-covid-19](http://www.healthvermont.gov/response/coronavirus-covid-19)



**CHILD CARE IS ESSENTIAL** to our children, families, economy, and recovery.  
Learn more and get involved: [WWW.LETSGROWKIDS.ORG](http://WWW.LETSGROWKIDS.ORG)